



## **Sidra Medicine 2nd Health Literacy Conference**

# Monday 31<sup>st</sup>, October 2022

\*Event Moderator: Youssef Qassab, Medical Interpreter - Sidra Medicine

TIME	TOPIC
8:00 AM – 8:10 AM	Arrival Registration
8:10 AM – 8:20 AM	<ul> <li>Welcome and Opening Remarks:</li> <li>Sheikh Dr. Mohammed Al-Thani, Director of Public Health, Ministry of Public Health</li> <li>CMO, Dr. Ziyad M. Hijazi, Sidra medicine</li> <li>CNO, Judy L Dawson-Jones, Sidra medicine</li> </ul>
8:20 AM - 8:55 AM	The impact of engaging Patients and families on their healthcare and the healthcare system  Speaker: Amal Al-Farsi, Manager Patient Education and Health Promotion-Sidra Medicine.
	<ul> <li>Learning objective(s):</li> <li>Discuss the concept of patient and family engagement</li> <li>Discuss the impacts of patient engagement on safety, people centered-care, efficiency, and health outcomes</li> <li>Discuss factors affecting patient and family engagement</li> <li>Discuss strategies to improve patient and family engagement</li> </ul>
8:55 AM - 9:30 AM	Health literacy and the COVID-19 pandemic: Lessons Learned  Speaker: Dr. Ghadir Fakhri Al-Jayyousi - Assistant Professor of Health Education and Promotion –  Qatar University
	<ul> <li>Learning objective(s):</li> <li>Explore the determinants of health literacy during the pandemic.</li> <li>Understand the challenges of enhancing health literacy during the pandemic.</li> <li>Discuss the methods that can be implemented to enhance health literacy during emergencies and normal situations.</li> </ul>
9:30 AM - 10:00 AM	Patient and Families experience in management of Diabetes in Qatar: Findings from Patient Empowerment Survey Speaker: Dr. Kholoud Ateeq Al-Motawaa - Head of Non-Communicable Diseases in the Ministry of Public Health – MOPH
	<ul> <li>Learning Objective(s):</li> <li>To evaluate awareness, attitudes and practices among diabetic patients and healthcare providers, and to evaluate the level of diabetes care provided to patients.</li> <li>To identify gaps where services and support to diabetic patients can be enhanced.</li> <li>To seek advice from media experts on developing and implementing effective national health campaigns on diabetes.</li> </ul>

10:00 AM - 10:35 AM	Understanding of self-management role in diabetes care
	<b>Speakers:</b> Dr. Manal Musallam Othman - Director of Diabetes Education at Hamad Medical
	Corporation's
	Learning objective(s):
	To identify the concept of self-management.
	To underline the current practice of diabetes self-management programs.
	To highlight a new attribute related to diabetes self-management.
	To recognize the association between self-management and health literacy.
10:35 AM – 11:05AM	Enabling and empowering girls to shape their health for the future: a Gynecologist's experi
	Speaker: Dr. Suruchi Mohan, Attending Physician – Obstetrics – Sidra Medicine
	Learning phicative(s).
	Learning objective(s):

By the end of the session:

- The participant will be able to relate the challenges in engaging adolescents in health education endeavors.
- The participant will be able to discuss the importance and effectiveness of engaging adolescents as well as their families in changing health behaviors through health literacy.

#### 11:05 AM - 11:35 AM

### Patient and family education during COVID 19 pandemic: IPAC Perspective

Speaker: Nektarios Foteinakis- Infection Prevention and Control Practitioner, Infection Prevention and Control section- Sidra Medicine

#### Learning objective(s):

- Highlight the impact of IPAC team to help improve families engagement with patient care during COVID 19 pandemic
- Discuss IPAC family and patient education journey during COVID 19 pandemic
- Highlight challenges of implementing the new COVID 19 visitors policy
- Appreciate the impact of clear communication in patient and families adherence to restricted visitors and isolation precautions.

#### 11:35 AM -12:05 PM

#### **Enhancing Patient Engagement in Primary Health Care Corporation (PHCC)**

Speaker: Dr. Amal Abdulla Al-Ali - Senior Consultant Family Medicine, Executive Director of Quality and Patient Safety - PHCC, Qatar, Chair of Corporate Ethics Committee-PHCC, Assistant Professor of family medicine in clinical medicine- (WCMC-Q)

#### **Learning Objective(s):**

- PCC initiatives and practices to enhance patient engagement and experience.
- Demonstrate strategies to enhance collaboration between patients, family, staff, and the community across the continuum of care.
- Discuss the importance of integrating sympathy and empathy in providing care to the patient.

	Create measurement that matters to patients and families.
42.07.014.42.07.014	Lessons learned and the next steps to enhance PCC initiatives and approach in PHCC.
12:05 PM -12:35 PM	Break
12:35 PM – 1:05 PM	Engaging Patients and Families in pharmacy setting  Speaker: Amal Aburamadan – Head - Outpatient Pharmacy Service, Outpatient Pharmacy Service  Div. – Sidra Medicine
	<ul> <li>Learning objective(s):</li> <li>Define Patient Health Literacy and its importance in patients' health plan outcomes.</li> <li>Discuss impact of pharmacy in empowering and engaging patients and family members in their treatment plan.</li> <li>Illustrate pharmacy practice methods used to empower and engage patients and families in</li> </ul>
1:05 PM - 1:35PM	their treatment plan.  Empowering patient information seeking – Developing a toolkit for parents and caretakers
1.05 TW 1.35 TW	Speaker: Jamie Marie Gray - Director, Distributed library, Associate Librarian - Weill Cornell Medicine-Qatar
	Learning objective(s):
	<ul> <li>Define health literacy and how patients seek information.</li> </ul>
	Summarize strategies to improve finding reliable health information online.
1:35PM – 14:05 PM	Sharing Experience: Patient and Family Advisory Council (PFAC) Program at Sidra Medicine  Speaker: Aisha Al-Obaidan - Manager - People, Education and Communication, Patient Experience  Div. – Sidra Medicine
	Learning objectives(s):
	Discuss Patient and Family Advisory Council (PFAC).
	Discuss goals and objectives of (PFAC).
	Discuss the impact of patient engagement and involvement in healthcare decisions.
14:05PM – 14:50PM	Discussion Panel
14:50 PM – 15:00 PM	
	Wrap-up & Closing Remarks
	QR code attendance scan