

F19: Program Brochure

Activity Title	EVIDENCE BASED PRACTICE FOR HEALTH PROFESSIONALS
Date	November 3-4, 2021 (7am-4pm)
Venue	Virtual conference via MS teams
Facilitator/s	Prof. Anthony Akobeng, Dr. Ibtihal Abdelgadir, Dr. Colin Powell, Dr. Mamoun Elawad, Dr. Amel Hasan
Target Audience	All healthcare practitioners in primary, secondary, and tertiary care settings including doctors, nurses, pharmacists, and other allied health practitioners.
Overall Learning Objectives	<p>PROGRAMME OBJECTIVES: To enable participants to find, appraise and apply evidence that is required for a critical approach to clinical practice.</p> <p>By the end of the program participants will be able to:</p> <ul style="list-style-type: none"> • Produce focused and answerable questions related to clinical practice • Choose appropriate research designs to answer questions • Construct and perform basic search strategies that allow efficient retrieval of relevant evidence • Understand the basic principles and critical appraisal of randomized controlled trials including the interpretation of results • Understand the basic principles and critical appraisal of systematic reviews & meta-analysis including the interpretation of results • Apply evidence to inform decision making

Program Overview

Day 1: November 3, 2021

Time	Session Title/Topic	Session-Specific Learning Objectives
7:00am – 7:45am	Registration of Participants	
7:45am – 7:50am	Opening Remarks	Participants will learn basic principles of evidence-based practice including: the 5-step evidence-based practice model and formulation of clinical questions
7:50am – 8:00am	Introduction to the workshop	
8:00am – 9:00am	Principles of Evidence-Based Practice / Introduction to the 5-step EBP Model	
9:00 am-10:00 am Cat 3	Formulating focused clinical questions (with practical sessions)	

10am-10:30am	Tea Break	
10:30am – 11:30 am	Basic Study Designs	Participants will learn basic principles of evidence-based practice including: basic study designs, finding the evidence, and how to conduct efficient literature searches.
11:30am-12:30pm Cat 3	Finding the Evidence Part 1: Literature Searches, sources of evidence (with practical sessions)	
12:30pm – 1:30pm	LUNCH AND PRAYER TIME	
1:30pm-3pm Cat 3	Finding the evidence Part 2: Literature Searches, sources of evidence (with practical sessions)	Participants will learn basic principles of evidence-based practice including: finding the evidence and how to conduct efficient literature searches.
3pm-3:30pm	Introduction to Critical Appraisal	Participants will understand the basic principles and critical appraisal of systematic reviews & meta-analysis including the interpretation of results.
3:30pm-4pm	Wrap up/Announcements/ Close	
4pm	End of Day 1: Total Learning Hours 7.5 hours (Cat1 -4, Cat3-3.5)	

Day 2: November 4, 2021

Time	Session Title/Topic	Session-Specific Learning Objectives
7:00am – 7:45am	Registration of Participants	
7:45am –8:30am	Randomized controlled trials (RCTs): Basic principles, critical appraisal, interpretation of results, applying results	Participants will be able to understand key areas such as randomized controlled trials, systematic reviews, meta-analysis and critical appraisal of these study designs.
8:30 – 09:45 am Cat 3	Critical Appraisal of RCTs (Practical Sessions)	
9:45am-10:00am	Tea Break	
10:00 – 11:30 am	Systematic Reviews Basic principles, critical appraisal, interpretation of results, applying results	Participants will be able to understand key areas such as randomized controlled trials, systematic reviews, meta-analysis and critical appraisal of these study designs.
	11:30-12:30 pm	
12:30pm – 1:15pm	LUNCH AND PRAYER TIME	
1:15pm-2:30pm Cat 3	Critical Appraisal of Systematic Reviews (Practical Sessions)	Participants will be able to understand key areas such as randomized controlled trials, systematic reviews, meta-analysis and critical appraisal of these study designs.
2:30pm-3:30pm	Applying Evidence into Clinical Practice.	
3:30pm-4pm	Wrap up/Announcements/ Close	
4pm	End of Day 2: Total Learning Hours 7.5 hours (Cat1 -5, Cat3-2.5)	

“This activity is an Accredited Group Learning Activity (Category 1) and an Assessment Activity (Category 3) as defined by the Department of Healthcare Professions-Accreditation Section and is approved for a maximum of **9 hours** for Category 1 and a maximum of **6 hours** for Category 3.”

AND

“This activity was planned by and for the healthcare team, and learners will receive **15 hours** Interprofessional Continuing Education (IPCE) credits for learning and change”.

In support of improving patient care, Sidra Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The Scientific Planning Committee has reviewed all disclosed financial relationships of speakers, moderators, facilitators, and/or authors in advance of this CPD activity and has implemented procedures to manage any potential or real conflicts of interest.

