

# Women's Health Conference 2021

## WHC 2021

29-30 October  
2021

### Provisional Program Conference Day-1

<b><u>Friday October 29 October, 2021</u></b>	
<b>MS Teams Sidra Medicine</b>	
<b>13:50-14:00</b>	<b>Conference Opens</b>
<b>14:00-14:10</b>	Opening remarks <b>Prof Johnny Awwad, Executive Chair, Women's Services, Sidra Medicine.</b>
<b><u>Session 1: Session 1: Well woman care across healthcare services</u></b>	
<b>Moderator(s): Dr Aisha Yousuf, Sidra Medicine</b>	
<b><u>Learning Objectives: At the end of the session, participants will be able to:</u></b>	
<ul style="list-style-type: none"> <li>• Describe the components of a well woman service.</li> <li>• List the options for cervical screening and cervical cancer prevention.</li> <li>• Recognise the challenges of pre-conception weight management.</li> <li>• Discuss the treatment options for managing menopausal symptoms.</li> </ul>	
14:15-14:25	Well woman services - A necessity or a luxury? <b>Prof Johnny Awwad, Sidra Medicine.</b>
14:30-14:50	Managing symptoms of the perimenopause - A holistic approach. <b>Dr Rudaina Hasan, Sidra Medicine.</b>
14:55- 15:15	Cervical cancer prevention and screening - When, how and why? <b>Dr Osman Ortashi, Sidra Medicine.</b>
15:20-15:40	Pre-pregnancy weight management - Options and challenges? <b>Dr Ibrahim Ibrahim, Sidra Medicine.</b>
15:40-15:50	<b>Q &amp; A</b>
15:50-15:55	<b>Break</b>
<b><u>Session 2: Clinical Debate 1</u></b>	
<b>Moderator: Dr Gbemisola Okunoye, Sidra Medicine.</b>	
<b><u>Learning Objectives: At the end of the session, participants will be able to:</u></b>	

- Appraise the arguments for and against telemedicine application in Obstetric services.

**Motion: 'Telemedicine is better than face-to-face contact in the delivery of antenatal care'**

15:55-16:10	<b>For: Dr Sara Buhmaid, Sidra Medicine.</b>
16:10-16:25	<b>Against: Dr Olubunmi Oniya, Sidra Medicine.</b>
16:25-16:35	Rebuttal for motion: Dr Sara Buhmaid, Sidra Medicine.
16:35-16:45	Rebuttal against motion: Dr Olubunmi Oniya, Sidra Medicine.
16:45-16:50	<b>Break</b>

### **Session 3: Benign Gynaecology Updates**

**Moderators: Dr Abdulkadir Wagley, Sidra Medicine.  
Dr Pradeep Jayaram, Sidra Medicine.**

#### **Learning Objectives: At the end of the session, participants will be able to:**

- Appraise treatment options for uterine fibroids.
- Describe the current diagnostic criteria for polycystic ovarian syndrome.
- Identify the different clinical presentations and challenges of ectopic pregnancy.
- Discuss the differential diagnosis of chronic pelvic pain.

16:50-17:10	Managing Endometriosis-associated infertility - New perspectives. Polycystic ovarian syndrome-Diagnosis and management options. <b>Prof Johnny Awwad, Sidra Medicine</b>
17:15-17:35	Managing Endometriosis-related pain - What are the options? <b>TBC</b>
17:40-18:00	Uterine fibroids - When and how should we treat? <b>Dr Aisha Yousuf, Sidra Medicine</b>
18:05-18:25	Urinary incontinence in women - Assessment and management choices. <b>Dr Karl Jallad, Lebanese American University, Beirut, Lebanon &amp; Sidra Medicine</b>
18:30-18:50	Management of heavy menstrual bleeding in adolescents - What is new? <b>Dr Caitlin Huckell, Sidra Medicine</b>
18:55-19:15	Ectopic pregnancy - Diagnostic and therapeutic advances. <b>Dr Mohammed Gamal Eldin, Women Wellness and Research Centre, Qatar</b>
19:15-19:25	Q & A
<b>19:25</b>	<b>END OF DAY 1</b>

## Conference Day-2

<p><b><u>Saturday October 30, 2021</u></b>  <b>MS Teams from Sidra Medicine</b></p>	
<p><b><u>Session 4: Antenatal care updates</u></b>  <b>Moderators: Dr Sara Buhmaid, Sidra Medicine.</b>  <b>Dr Suruchi Mohan, Sidra Medicine.</b></p> <p><b><u>Learning Objectives: At the end of the session, participants will be able to:</u></b></p> <ul style="list-style-type: none"> <li>• Identify the challenges of diagnosing mental health problems in pregnancy.</li> <li>• Discuss evidence-based care of multiple pregnancy.</li> <li>• Describe the causes and treatment of pregnancy associated thrombocytopenia.</li> <li>• Appraise the evidence on prevention of preterm labour</li> </ul>	
08:30-08:50	Multiple pregnancies - Updates in prenatal care. <b>Prof Karim Kalache, Sidra Medicine</b>
08:55-09:15	Non-invasive prenatal testing in Qatar - The journey ahead. <b>Dr Medhat Alberry, Sidra Medicine</b>
09:20-09:40	Pregnancy-associated mental health disturbances: Screening and diagnostic tips. <b>Dr Zainab Imam, Sidra Medicine</b>
09:45-: 10:05	Thrombocytopenia in pregnancy - Antenatal and intrapartum management. <b>Dr Michel Makhoulf, Sidra Medicine</b>
10:10-10:30	Pregnancy post bariatric surgery - Key management pearls. <b>TBC</b>
10:35 – 10:55	Prevention and treatment of preterm labour - Balancing evidence with practice. In utero fetal surgery - What is possible? <b>Dr. Gehad Challouhi, Neckaire Hospitals, Paris, France &amp; Sidra Medicine</b>
<b>10:55-11:05</b>	<b>Break</b>
<p><b><u>Session 5: Reproductive Medicine updates</u></b>  <b>Moderators: Dr Tarique Salman, Sidra Medicine.</b>  <b>Dr Khawla Ismail, Sidra Medicine.</b></p> <p><b><u>Learning Objectives: At the end of the session, participants will be able to:</u></b></p> <ul style="list-style-type: none"> <li>• Discuss the assessment of infertile couple and treatment of recurrent miscarriage.</li> <li>• Describe the causes and treatment of ovarian hyperstimulation.</li> <li>• Explain the indications for pre-implantation genetic diagnosis.</li> </ul>	
11:05-11:25	Assessment of the infertile couple: When should we refer for IVF? <b>Dr Spyridon Chouliaras, Sidra Medicine</b>

11:30-11:50	What is new in the management of recurrent pregnancy loss? <b>Dr Sanjay Prabhu, Sidra Medicine</b>
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11:55-12:15	Ovarian hyperstimulation syndrome: Prevention and treatment. <b>Dr Mohammed Khan, Sidra Medicine</b>
12:20-12:40	Pre-implantation genetic testing - Indications and controversies. Fertility preservation in women: State of the ART <b>Prof Johnny Awwad, Sidra Medicine</b>
12:45-12:55	<b>Break</b>
<p><b><u>Session 6: Intrapartum and Postpartum Care</u></b>  <b>Moderator: Dr Varsha Mulik, Sidra Medicine.</b></p> <p><b><u>Learning Objectives: At the end of the session, participants will be able to:</u></b></p> <ul style="list-style-type: none"> <li>• Discuss the practicality and challenges of continuity of care in Maternity services.</li> <li>• List the options for analgesia and anaesthesia during labour and delivery.</li> <li>• Explain the long-term health implications of pregnancy.</li> </ul>	
12:55- 13:15	Pregnancy and delivery - A window to long term health. <b>Dr Yassin Fagier, Sidra Medicine</b>
13:20-13:40	Continuity of care in Maternity Service - Why and how? <b>Judith Downey, Sidra Medicine</b>
13:45-14:05	Analgesia and Anaesthesia in labour – Recent advances. <b>Dr Sam Soltanifar, Sidra Medicine</b>
14:10-14:30	Post pregnancy care and follow up of GDM Patients. <b>Dr Hala Abdullahi, Sidra Medicine</b>
14:35-14:55	Improving breastfeeding rates in Qatar - A case for antenatal preparation. <b>Gladys Gray, Sidra Medicine</b>
<p><b><u>Session 7: Keynote Lecture</u></b></p> <p><b>Moderator: Prof Johnny Awwad, Sidra Medicine.</b></p>	
15:00-15:45	The role of Artificial Intelligence in women’s health - Challenges and opportunities. <b>TBC</b>
16:00	<b>End of Day 2</b>